

YEAR 13 curriculum BTEC L3 National Extended Certificate Applied Psychology. Colour coding denotes two teachers.

	AUTUMN	SPRING	SUMMER
Topic:	<p>Unit 3: Health Psychology (1). Introduction, models of behaviour change, stress.</p> <p>Unit 4 - Criminal and forensic psychology (LA A/B/C).</p>	<p>Unit 3: Health Psychology (2). Stress, persuasion.</p> <p>Unit 3: Health Psychology (3). Addiction and adherence.</p>	<p>Unit 3: Revision, mock exam, external exam.</p> <p>Unit 3: Revision, mock exam, external exam.</p>
Knowledge covered:	<p>Unit 3 – Approaches, models of behaviour change and stress: Key terminology, overview of approaches to health. Health belief model, Self-efficacy, Locus of Control, Theory of planned behaviour, Transtheoretical model. Biological basis of stress (GAS/ HPA / SAM, fight or flight). Test.</p> <p>Unit 4 - Criminal and forensic Psychology: Explaining criminal behaviour (LA A). Offender profiling (LA C). Punishment and behaviour modification (LA B). Includes all assignments.</p>	<p>Unit 3 – Stress and persuasion: Factors affecting stress (personality, workplace, life events / daily hassles). Stress and illness, treating stress. Models of persuasion (Hovland-Yale, Fear arousal, Elaboration Likelihood). Test.</p> <p>Unit 3 - Addiction and adherence: Explaining and treating substance-based addictions (alcohol, nicotine). Explaining and treating behavioural addictions (gambling, shopping). Adherence to medical advice, improving adherence. Test.</p>	<p>Unit 3- revision / examination: Review of all material Practice SOR, MOR and EOR questions. Plan possible essays. Second mock exam, external exam.</p> <p>Unit 3- revision / examination: Review of all material Practice SOR, MOR and EOR questions. Plan possible essays. Second mock exam, external exam.</p>
Online Resources:	Bespoke ISP. Online textbook.	Bespoke ISP. Online textbook.	

