Subject:	GCSE Physical Education (PE)
Exam board:	Pearson Edexcel
Specification:	https://qualifications.pearson.com/content/dam/pdf/GCSE/Physical%20Education/2016/Specification%20and%20sample%20assessments/GCSE-physical-education-2016-specification.pdf
How students will be assessed:	Component 1: Fitness and Body Systems: Written examination: 80 marks – 1 hour 30 mins 36% of the qualification 80 marks Content overview ● Topic 1: Applied anatomy and physiology ● Topic 2: Movement analysis ● Topic 3: Physical training ● Topic 4: Use of data Component 2: Health and Performance: Written examination: 1 hour and 15 minutes 24% of the qualification 60 marks Content overview ● Topic 1: Health, fitness and wellbeing ● Topic 2: Sport psychology ● Topic 3: Socio-cultural influences ● Topic 4: Use of data Component 3: Practical Performance Non-examined assessment: internally marked and externally moderated 30% of the qualification 105 marks (35 marks per activity) Content overview ● Skills during individual and team activities ● General performance skills Component 4: Personal Exercise Programme (PEP) Non-examined assessment: internally marked and externally moderated 10% of the qualification 20 marks Content overview ● Aim and planning analysis ● Carrying out and monitoring the PEP ● Evaluation of the PEP

Recommended revision guide:	https://qualifications.pearson.com/en/qualifications/edexcel-gcses/physical-education-2016.resources.html?filterQuery=category:Pearson-UK:Publisher%2FPearson
Other useful links:	BBC Bitesize – https://www.bbc.co.uk/bitesize/examspecs/zxbg39q Revision World – https://revisionworld.com/gcse-revision/pe-physical-education
Period 6:	Thursday A week 3:15 – 4:15
AP1 November	Paper 1 and Paper 2
AP2 February	Paper 1 and Paper 2
Summer 2027	Paper 1 and Paper 2 Component 3 practical Component 4 PEP