

Striving for a 9 in Food!

What could you do to get grades 7,8 and 9 at GCSE?

Watch 	Read and retrieve 	Listen 
What are macro and micronutrients? https://www.youtube.com/watch?v=smPR215SRzM	Understand Food Science, using the key terms. https://www.foodafactoflife.org.uk/14-16-years/food-science-14-16-years/	https://podcast.feedspot.com/food_science_podcasts/
Practice	Revision links:	Revision guides:
What are the nutrients? What are the differences between them? What are their functions? What are their sources?	https://www.foodafactoflife.org.uk/14-16-years/activity-packs-and-quizzes-14-16-years/ Quizzes and challenge activities	https://www.foodafactoflife.org.uk/14-16-years/