

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THE MEXICAN KITCHEN

OPTION

#1

CLASSIC BEEF BOLOGNAISE

With Garlic Bread

GREEN THAI CHICKEN CURRY

with 50/50 Rice

FLAVOURED CHICKEN with Roast Potatoes and Gravy

MEXICAN BEEF CHILLI with 50/50 Rice or Soft Tacos

FISHFINGERS OR SALMON FISHCAKES with Chips

OPTION

#2

AUTUMN VEGETABLE RISOTTO

STICKY SOY AND HONEY NOODLES

CAJUN SWEET POTATO & SPINACH TART with Roast Pots

MEXICAN VEGETABLE RICE

LOADED HOUND DOG with Chips

ON THE SIDE

Green Beans
Carrots

Sweetcorn
Roasted Broccoli

Cauliflower
Peas

Pineapple Salsa
& Slaw

Baked Beans
Coleslaw

DESSERT OF THE DAY

PINEAPPLE UPSIDE DOWN CAKE with Custard

SCHOOL CAKE

PLUM & VANILLA CRUMBLE with Custard

DATY COOKIE

LEMON DRIZZLE SPONGE

ALSO AVAILABLE!

**SOUP OF THE DAY
FILLED JACKET POTATOES**

CHECK OUT...

**OUR HOT AND COLD
GRAB & GO SELECTION**

MENU KEY

ADDED PLANT PROTEIN  **VEGAN OPTION**
 **SOURCE OF WHOLEMEAL**

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

**WEEK
TWO**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**OPTION
#1**

**BEEF
ENCHILADAS**
With Rice

**STREET
FOOD**

**SPICY
CHICKEN**
With Khobez and
Tabbouleh Salad

**BUTCHERS
SAUSAGE &
MASH**
with Onion
Gravy

**HOT WOK
CHICKEN
NOODLES**

**BATTERED
FILLET OF FISH**
served with
Chips & Tartare
Sauce

**OPTION
#2**

**MACARONI
CHEESE**
With Toppings

**HOUMOUS AND
FALAFEL**
With Khobez
and Tabbouleh
Salad

**VEGGIE
SAUSAGE &
MASH**
with Onion
Gravy

**BLACK BEAN
VEGETABLES**
with Rice

**GREEK
SPINACH &
FILO PARCELS**
and Chips

**ON THE
SIDE**

Roasted Butternut
Squash
Cauliflower

Red Cabbage
Slaw and Roasted
Chickpea Salad

Broccoli
Sweetcorn

Carrots
Green Beans

Baked Beans
Garden Peas

**DESSERT OF
THE DAY**

**BLONDIE WITH
BERRIES**

SYRUP SPONGE
with Custard

**APPLE & CHERRY
OATY CRUMBLE**
with Custard

**CHOCOLATE
SHORTBREAD
CAKE**

**PEAR
UPSIDE DOWN
CAKE**

ALSO AVAILABLE!

**SOUP OF THE DAY
FILLED JACKET POTATOES**

CHECK OUT...

**OUR HOT AND COLD
GRAB & GO SELECTION**

MENU KEY

ADDED
PLANT
PROTEIN   **SOURCE OF
WHOLEMEAL**

 **VEGAN OPTION**

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU
HAVE AN ALLERGY AND NEED TO KNOW WHAT'S
INSIDE OUR FOOD DISHES. THEY WILL ADVISE
YOU OF YOUR AVAILABLE CHOICES.

**WEEK
THREE**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION

#1

OPTION

#2

**ON THE
SIDE**

**DESSERT OF
THE DAY**

**TANDOORI
CHICKEN
STUFFED
NAAN**

**MEATBALLS
IN TOMATO
SAUCE**
with Spaghetti

**THE CLASSIC
ROAST DINNER**
with all the
trimmings

**SPICE
& RICE**

**CHICKEN
KORMA**
with 50/50 Rice

**BATTERED
FISH**
with Chips &
Tartare Sauce

**VEGETARIAN
THAI NOODLES**

**VEGETABLE
BIRYANI**

ROAST QUORN,
with all the
trimmings

**SWEET POTATO,
CHICKPEA &
SPINACH TIKKA**
with 50/50
Rice

**THE BIG PLANT
BURGER**
with Chips

Bombay Potatoes
Green Beans
Sweetcorn

Broccoli
Roasted
Vegetables

Roasted Carrots
Red Cabbage

Roasted
Cauliflower &
Sambals

Garden Peas
Baked Beans

**WARM BANANA
FLAPJACK**

VANILLA SPONGE

JAM SPONGE
with Custard

**STICKY TOFFEE
APPLE CRUMBLE**
with Custard

**BERRY CRUMBLE
CAKE**

ALSO AVAILABLE!

**SOUP OF THE DAY
FILLED JACKET POTATOES**

CHECK OUT...

**OUR HOT AND COLD
GRAB & GO SELECTION**

MENU KEY

ADDED
PLANT
PROTEIN



VEGAN OPTION

SOURCE OF
WHOLEMEAL

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU
HAVE AN ALLERGY AND NEED TO KNOW WHAT'S
INSIDE OUR FOOD DISHES. THEY WILL ADVISE
YOU OF YOUR AVAILABLE CHOICES.